



#### WOODFROG BAKERY

SOURDOUGH OR FRUIT TOAST,  
BUTTER, SEASONAL PRESERVES (GFO)  
\$9

...

COCONUT, ALMOND GRANOLA  
W. RASPBERRY, SEASONAL POACHED  
FRUIT, COCONUT MOUSSE (VG)  
\$19

...

AVOCADO & VEGEMITE EMULSION  
ON HONEY OAT TOAST WITH NATIVE  
HERBS. (V)  
\$18

ADD POACHED EGG \$3  
ADD THICK CUT BACON \$7

...

RICOTTA HOTCAKE,  
MAPLE SYRUP, SEEDS AND GRAINS,  
CREAM, SEASONAL BERRIES, FLOWERS  
(V)  
\$25

...

EGGS ON TOAST,  
POACHED, FRIED OR SCRAMBLED  
\$13

...

SPICED CAULIFLOWER,  
SCRAMBLED EGGS, CURRY LEAF, ROASTED  
CHILLI, HOUSEMADE FLAT BREAD  
(V, GFO)  
\$23

#### BENEDICT EGGS

DRY-CURED HAM, EMMENTAL, BEARNAISE,  
SOURDOUGH, VINEGAR POWDER (GFO)  
\$24

...

MINCED LAMB FRY UP,  
MISO EGGPLANT, FRIED  
EGGS, BARBERRIES, SMOKED YOGHURT,  
PINE NUT DUKKAH, SOURDOUGH (GFO,  
DFO)  
\$25

...

KALE AND CAULIFLOWER SALAD,  
MISO, ALMOND HUMMUS, AVOCADO,  
PUFFED RICE, POACHED EGG (V, GF)  
\$23

ADD CURED SALMON \$7

...

SLOW COOKED SALMON,  
ROMESCO, GRAIN SALAD, PICKLED  
CARROT, SESAME. (GF)  
\$29

...

150G SCOTCH FILLET, PARSNIP PUREE,  
PICKLED ONIONS (GF)  
\$32

...

PARMESAN GNOCCHI, WITH  
MUSHROOM EMULSION, HAZELNUT  
CRUMB (V)  
\$23

TRUFFLE CROQUETTES,  
(VG) (2PC)  
\$7

...

CONFIT LAMB RIBS,  
BLACK GARLIC GLAZE, SALTBUSH (GF)  
\$7

...

ALMOND HUMMUS,  
SEED CRACKERS, LAVOSH, FRESH &  
PICKLED VEG (V, GFO)  
\$12

...

ROASTED KIPFLER POTATOES,  
ANCHOVY MAYO, BLACK SALT (GF)  
\$9

...

MIXED LEAVES, BUTTERMILK  
DRESSING (V)  
\$9

...

GRILLED GREENS,  
MISO, TOASTED SEAWEED  
(V, GF)  
\$6

#### DINNER AT HIGHER GROUND

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THURSDAY, FRIDAY & SATURDAY NIGHTS  
FROM 5PM

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FOR RESERVATIONS VISIT  
[HIGHERGROUNDMELBOURNE.COM.AU](http://HIGHERGROUNDMELBOURNE.COM.AU)

#### SWEETS

...

ASSORTED SWEETS AND PASTRIES  
AVAILABLE DAILY  
ASK YOUR WAITER

#### EXTRAS

...

EXTRA EGG \$3  
EXTRA TOAST \$3  
THICK CUT BACON \$7  
AVOCADO \$5  
BEARNAISE \$3  
SPANISH JAMON \$6  
CURED SALMON \$7

CONNECT & SHARE  
@HIGHERGROUNDMELBOURNE  
PUBLIC HOLIDAYS INCUR 15% SURCHARGE



## COFFEE BY FIVE SENSES

...

BLACK	
ESPRESSO	\$4.00
LONG BLACK	\$4.00
POUR OVER	\$7.00
BATCH BREW	\$4.50

## WHITE

COFFEE	\$4.20
MOCHA	\$5
HOT CHOCOLATE BY MOFO DELUXE	\$5
CHAI	\$5
MATCHA BY KONAMI	\$5

SOY	+ \$0.50
ALMOND	+ \$1.00
OAT	+ \$1.00
LARGE	+ \$1.50

## ICED

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COFFEE	\$6.00
CHOCOLATE	\$6.00
MOCHA	\$6.00
CHAI	\$6.00

## TEA BY TEA ASSEMBLY

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BREAKFAST	\$5.00
CLASSICALLY BLENDED (MALT, ORANGE)	
YUE GUANG BAI	\$5.00
CHINA - WHITE TEA (FLORAL, HONEYSUCKLE, WHITE PEACH)	
JASMINE PEARLS	\$5.00
CHINA - GREEN TEA (JASMINE, LEMON MYRTLE, FRAGRANT)	
CHAMOMILE	\$5.00
(APPLE, HONEY, FLORAL)	
SENCHA	\$7.00
JAPAN - GREEN TEA (NASHI, SOFT FLORALS, WHEAT)	
PEPPERMINT	\$5.00
EGYPT - HERBAL (SWEET, REFRESHING, LONG FINISH)	
LEMON-AID	\$6.00
HERBAL (LEMONGRASS, HIBISCUS, MINT)	

## COLD DRINKS

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DARLING SPRITZ	\$6.50
BITTER-SWEET, MADE IN-HOUSE WITH A MIX OF CITRUS FRUITS AND SPICES	
YUZU SQUASH	\$6.50
FRESH YUZU WITH A HINT OF THYME	
HG ICED TEA	\$6.00
AN INFUSION OF JASMINE & LEMON-AID TEA	
KOMBUCHA BY TWO BOYS	
...	
FRENCH KISS	\$8.00
HIBISCUS, CHAMOMILE, LAVENDER, VANILLA	
SILK ROAD	\$8.00
GINGER, LEMON MYRTLE, CINNAMON, VANILLA	
COLD PRESSED JUICES	
...	
ORANGE JUICE	\$6.50
GREEN JUICE	\$6.50
APPLE, CUCUMBER, CELERY, KALE, SILVERBEET, LEMON	
RED JUICE	\$6.50
APPLE, CARROT, BEETROOT, CELERY, GINGER, LEMON	
BONDI JUICE	\$6.50
APPLE, CARROT, PINEAPPLE, GINGER, LEMON	
BEER	
...	
PERONI NASTRO AZZURRO	\$10.00
LAGER	
ROME, ITALY	
ASAHI SUPER DRY	\$10.00
LAGER	
OSAKA, JAPAN	

## COCKTAILS

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BLOODY MARY	\$18.00
VODKA, MIXED BRINE, CELERY SALT, CRACKED PEPPER, LEMON, WORCESTERSHIRE, TABASCO, TOMATO JUICE	
GUAVA SPRITZ	\$14.00
PROSECCO, GUAVA, FRESH STRAWBERRY	
MIMOSA	\$12.00
PROSECCO, ORANGE JUICE	
ESPRESSO MARTINI	\$18.00
FIVE SENSES ESPRESSO, VODKA, COFFEE LIQUER	

## WINE

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SPARKLING	
...	
PROSECCO	\$12 / \$50
NV RANGE LIFE	
KING VALLEY, VIC	
WHITE	
...	
PINOT GRIS	\$14 / \$65
2018 LETHBRIDGE	
GEELONG, VIC	
CHARDONNAY	\$14 / \$65
2017 MANDALA	
YARRA VALLEY, VIC	
RED	
...	
PINOT NOIR	\$15 / \$70
2018 LEVANTINE HILL	
COLDSTREAM, VIC	
SHIRAZ	\$15 / \$70
2017 SONS OF EDEN 'ZEPHYRUS'	
BAROSSA VALLEY, SA	
ROSE	
...	
CHATEAU DE LA ROULERIE	\$15 / \$70
2017 LES CAMELIAS	
LOIRE, FRA	

\*ALCOHOL MUST BE SERVED WITH A MAIN MEAL